

## A Missive From Executive Secretary



(Sagar Mal Kaushik)  
Executive Secretary

Dear friends,

It's great pleasure to put forth our yearly efforts done in "**Education & Training Programme for Deprived Mentally Challenged Children**" in front of all those concerned with VIBHA. This is mirror of your support in the form of report.

All our efforts and dreams to rehabilitate mentally challenged children came true when you hold our hand in year 2003.

Our team is also expanded to provide qualitative services. We feel, from our efforts brought fruit full result and society will change his attitude and no discrimination will persist against mentally Challenged Children.

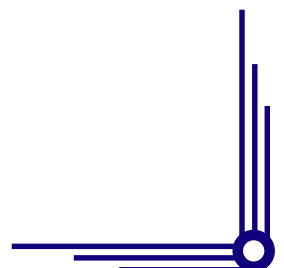
Mentally challenged will get accepted with their potential. Your support has made training available to 201 children.

Here I would like to convey my warm regards to Murli Narsimhhan for supporting us to rendered quality services in the field and liaisoning us with ASHA for education. I also take this opportunity entire VIBHA team who are working hard to generate resources to support education in India.

Your comments on this report will be helpful us to work more precisely in future intervention. We look ahead your continuous support to generate best CBR MODEL.

(S. M. Kaushik)

Executive Secretary



# Introduction

## Aim of the project :

projects work with the aim to conduct intervention and rehabilitation

**PROGRAMME FOR MENTALLY CHALLENGED WITH AN INTENTION TO MAKE THEM SELF RELIANT BY INVOLVING FAMILY AND COMMUNITY.**

Since last four years this project has been implemented with support of VIBHA, USA,. The graph of beneficiaries is rising year by year. With this enhancement popularity of our project is rising. Support of VIBHA has brought change in life of 201 mentally challenged children in year 2007 to 2008.

Efforts CBR worker in terms of therapy, family counseling, and employment counseling linking children with other benefits of Gvot is bringing change in entire families attitude.

Following Graph shows beneficiaries rose of past four year

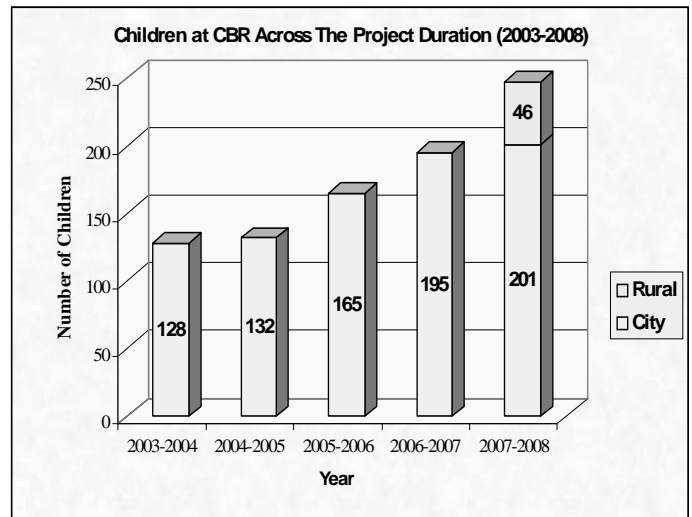


Fig.: 1

## Objectives

1. To provide preventive, promotive and rehabilitative services to Mentally Challenged Children.
2. To provide vocational assistance & training to the mentally challenged children.
3. To educate and trained the mentally challenged children with their mother's support.
4. To motivate mothers, for mentally challenged children's training and rehabilitation.
5. To sensitize family about the need of the mentally challenged children and to help the child in his/her development as per his/her potentials.
6. To implement out-reach and comprehensive community based rehabilitation programme in nearby areas of proposed area.

To achieve above objectives this year following activities are conducted.

## Activities Implemented

### Community Based Rehabilitation Programme (CBR) :

Our community based programme is regarded as a good beginning for the welfare of disabled people, because in this way a good rehabilitation privilege can be provided to the people at community level. We believe that rehabilitation of disabled person is not responsibility of teacher or family member, its duty of entire society. Our CBR worker tries to generate support from society in rehabilitation process. In this Year we are provided training education support to 201 disabled children.

They are building liaison with primary health care centers, Aganwadi, other recourse full people to generate recourse for particular child.

Parents counseling became a main strategy to go ahead. Our CBR worker tried to provided Govt. benefits to children in terms of rail pass, buss pass, disability certificate motivating parents for taking guardianship certificate. Under CBR programme along with therapeutic intervention CBR worker conducted following activities.

1. Meeting conducted with Dy. Director Social welfare on regularizing facility of Astha card, and for self employment lone.
2. Liaison with Aganwadi worker for awareness and identification of new children
3. Liaison with other welfare club/DDRC/Govt. Body to provide support in terms of aids and appliances and other support.
4. CBR parents meeting
5. Participation in JAN SUNWAI public hearing organized by disability commissioner state Rajasthan.

In CBR programme early intervention and disability prevention is one of the major component. Earlier we use to aware people in different exhibition on this topic this year we have change the strategy and we are having directs meeting with Anganwari workers those who are dealing within the community. We are organizing meeting at their centre and keeping regular follow up for early identification of disabled children as well as we are distributing pamphlets on prenatal, natal & postnatal awareness. Along with this we are contacting doctors child specialist who does identification much earlier even before Anganwari worker. In doctor meetings we are making them aware about our activities and motivating them to refer the cases.

S.#	Activity	No. beneficiaries
1	Disability certificate	31
2	Rail pass	05
3	Bus pass	06
4	Astha Card	02
5	Distribution of sweater	29
6	50kg wheat distribution	3family
7.	Regular distribution of food & grain for 6 month	3 family
8.	Aids and appliances'	4

Our intervention is changing the life of disabled people in terms of making them self reliant in their day to day activity as well as economically.

This year we have expended our services in rural area and 46 children is enrolled under CBR programme and getting facility of Training & Education. We are dreaming rehabilitate these children within the community.

Most of these children are from lower socio economic strata and the parents of the children were not aware from has develop the Ray of Hope in the hearts of

**Graphical Presentation CBR, Ajr**

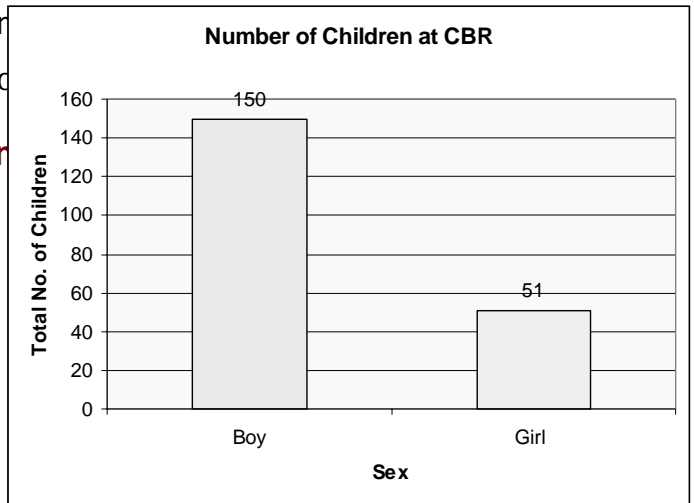


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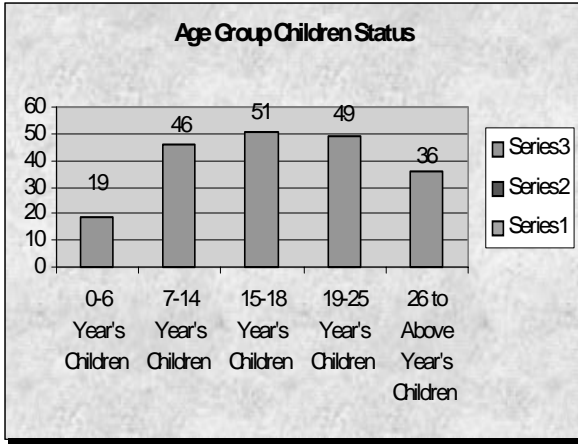


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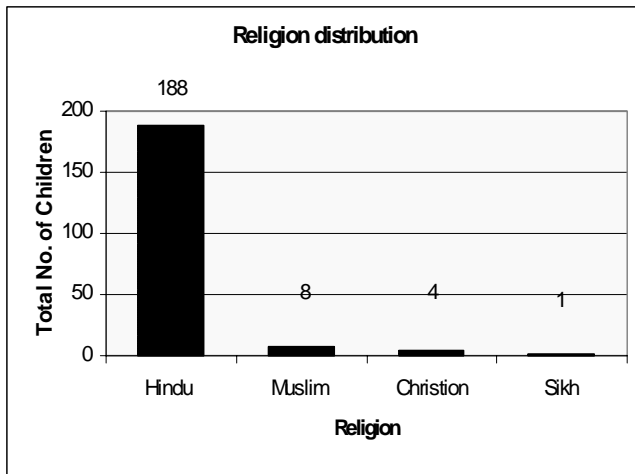


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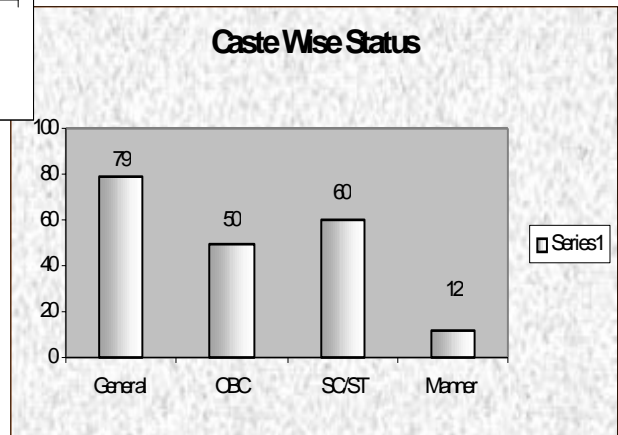


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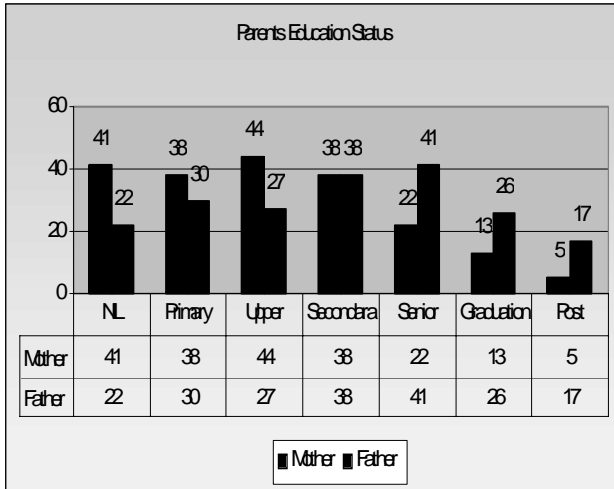


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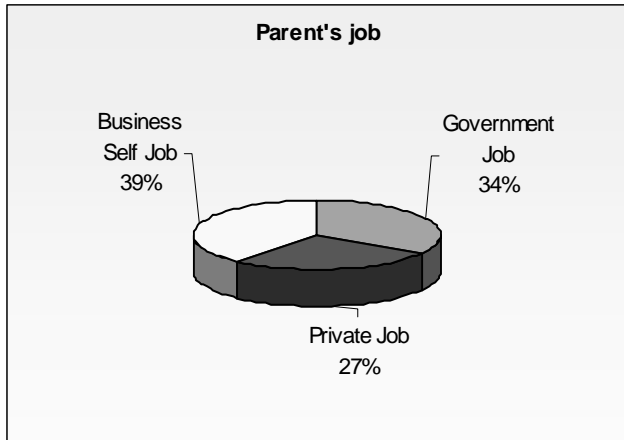


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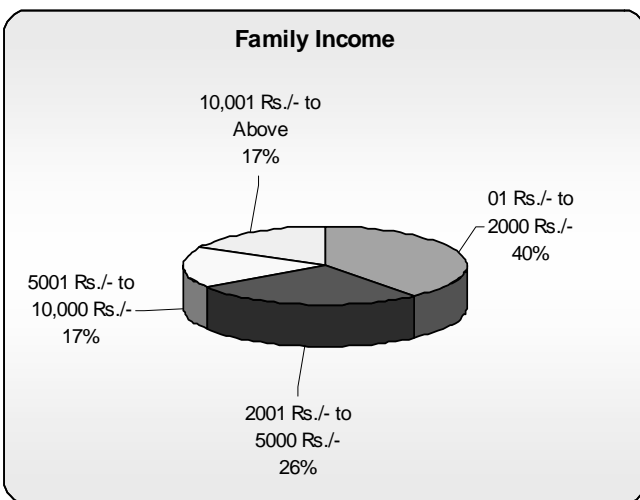


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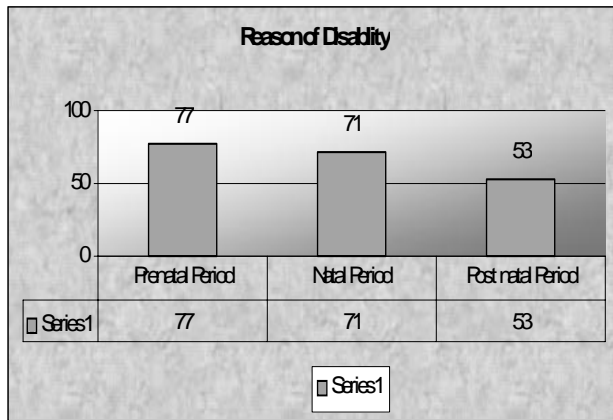
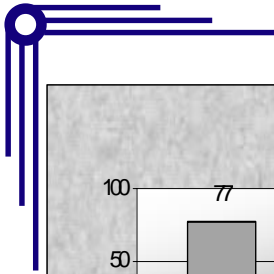


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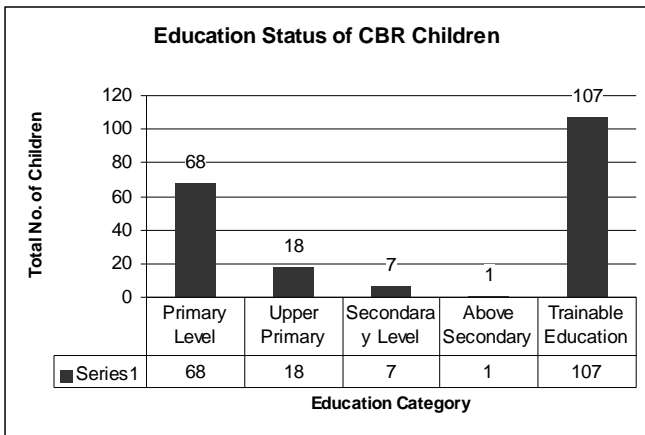


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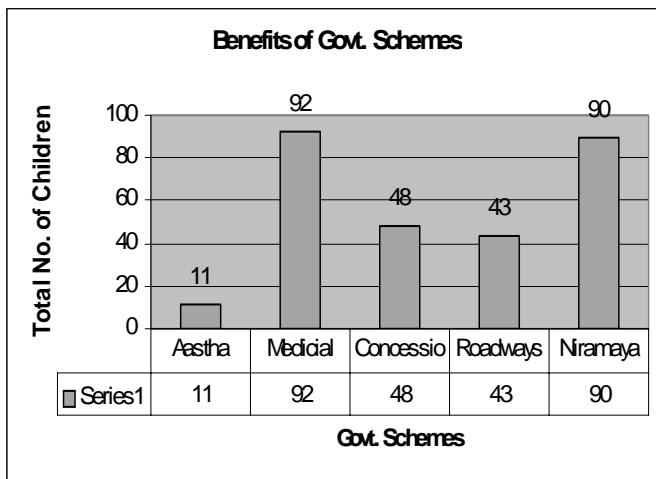
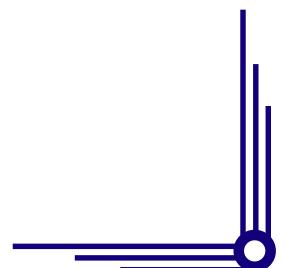


Fig.: 10





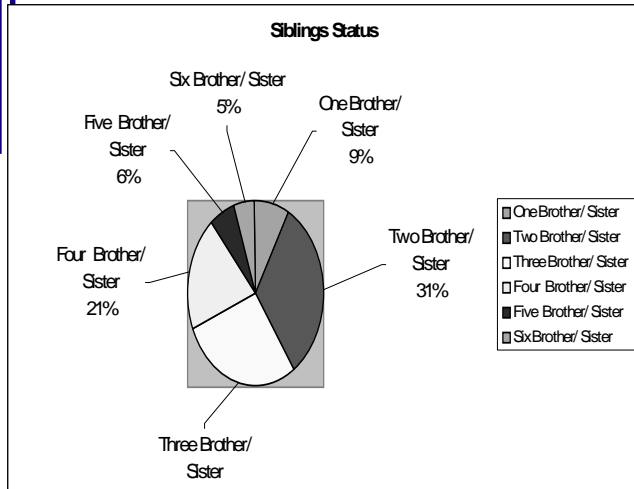


Fig.: 10

### Graphical Presentation CBR, Village

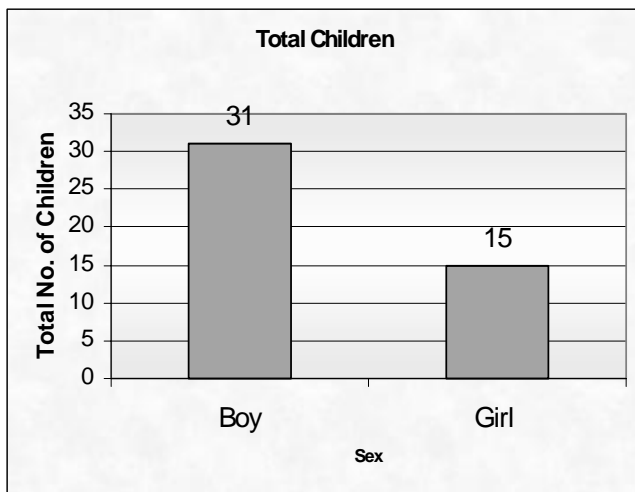


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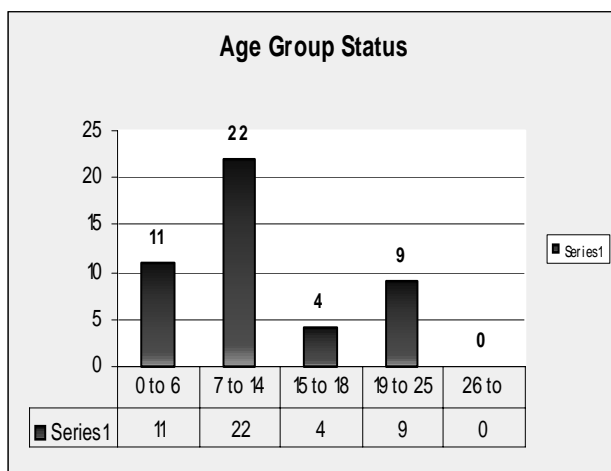


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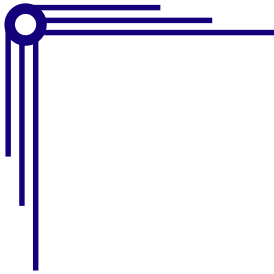


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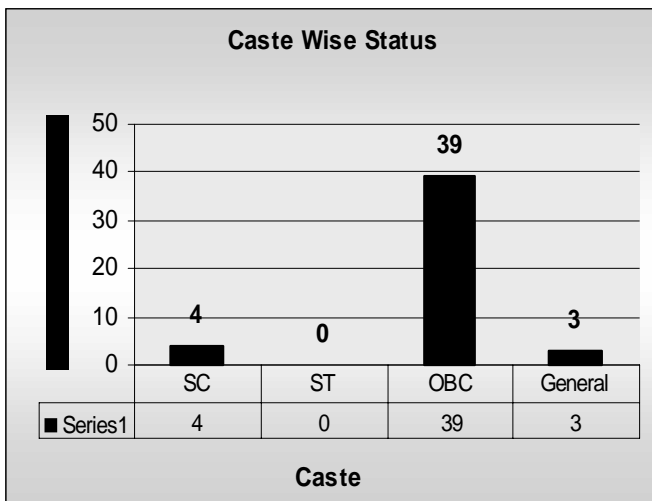


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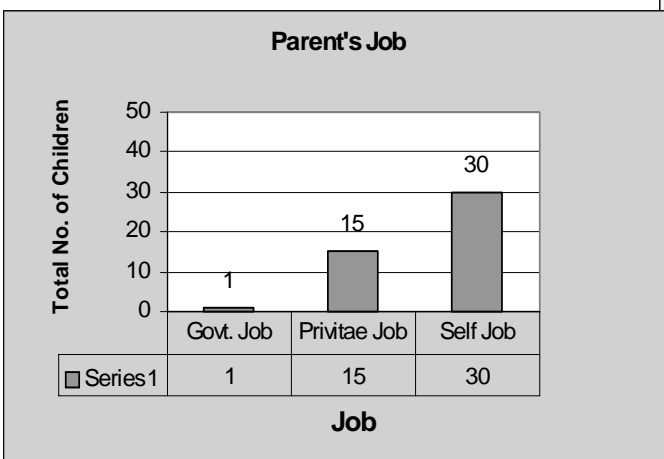
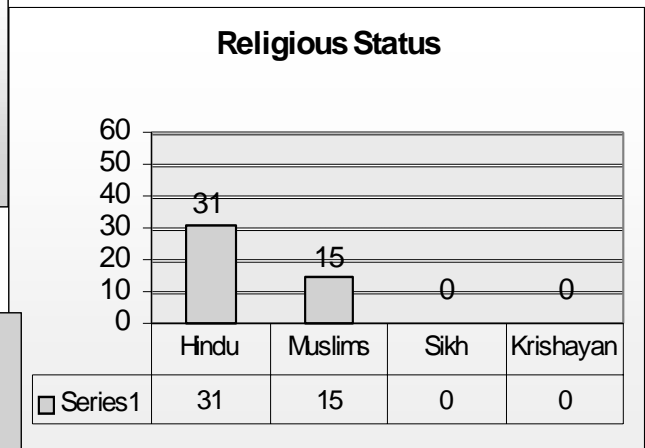
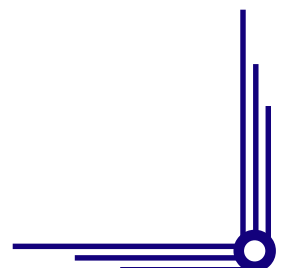


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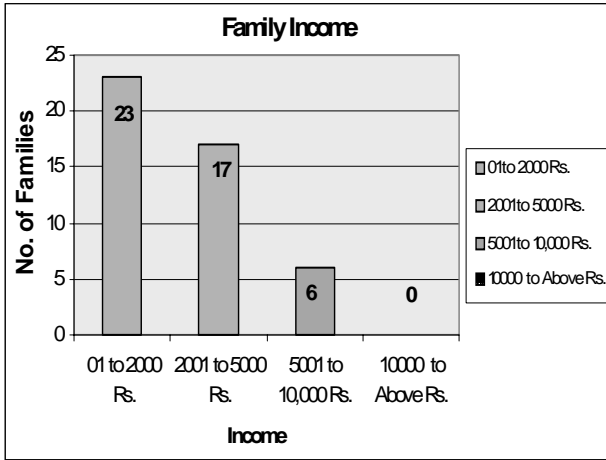


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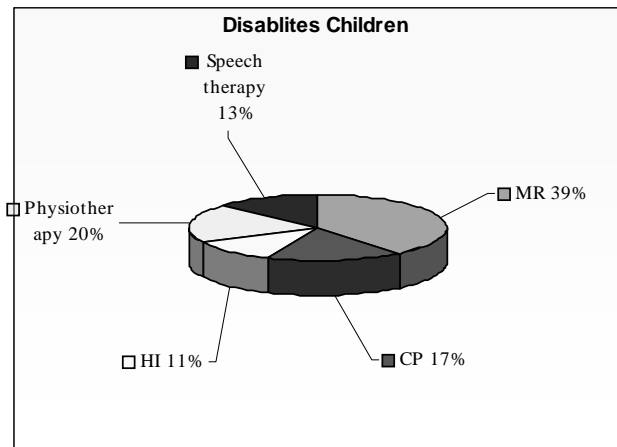


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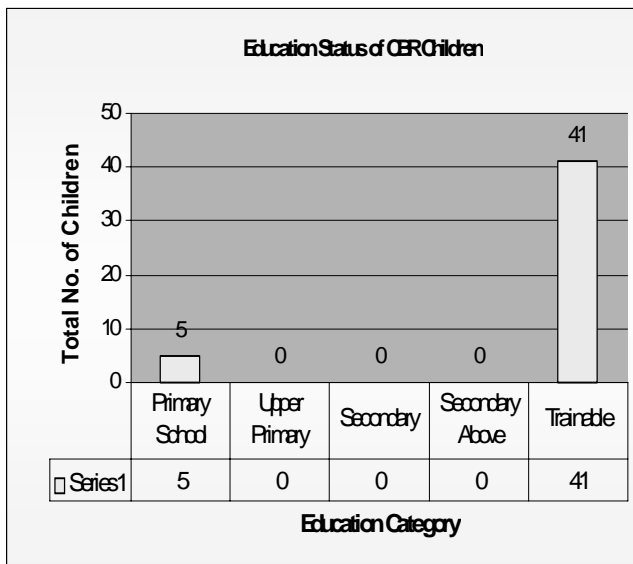


Fig.: 18

### Vocational Training :

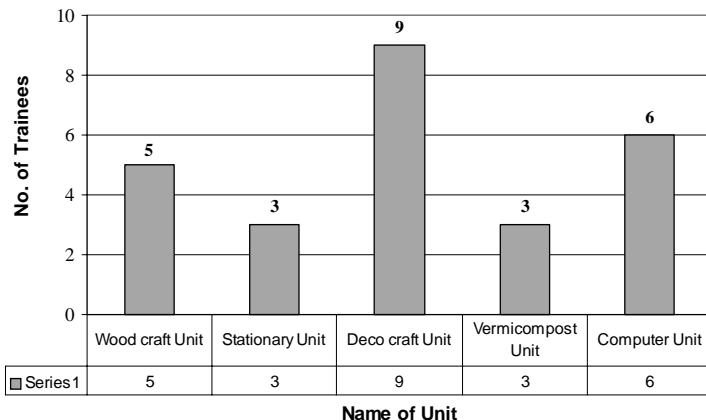
**Vocational training :** It's very important activity of making mentally children self reliant. We are giving major focus on holistic development of mentally challenged children. Through our vocational centre we are training children to get fit in to the society.

Vocational training is provided as part of education to day care centre, focus is given on greetings card handmade bag, to learn these skill fine motor and Gross motor coordination is important. This year in this component mayo grils student came to teach deco items to our student with regular interval. This programme was very successful. The product made by our children was exhibited for sale their annual function and got ward of appreciation from the parents of mayo girl's student.

**Employment counseling :** This year e organized employment counseling workshop in Ajmer At Red Cross Bhavan. Mrs manju toshniwal drector Toshniwal industries was a chief guest of this programme and col K.D upadyay was secretary Red cross Ajmer was acted as president for this programme.

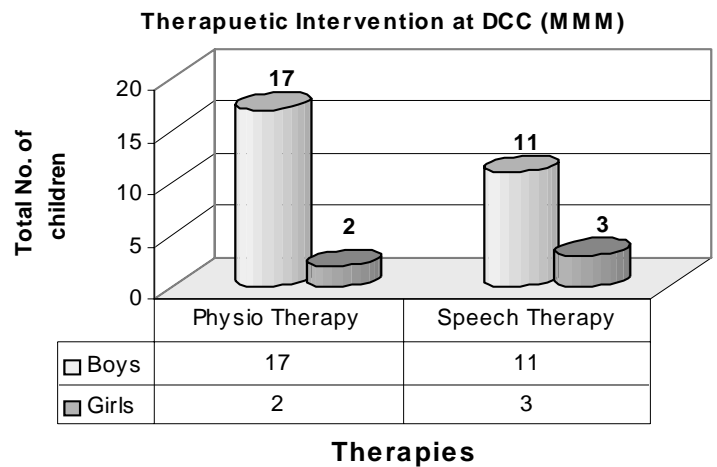
40 parents participated in this programme. Objectives of this programme is to show capacity of mentally challenged children to society & motivate people for placing children with intellectual disability. We are contacting various organizations and companies for the placement of our trained children. In the same context we are in regular touch with the P.G.Foiles Company, Beawar. Our few children have been already placed there. Through our Employer counseling programme we are trying to make more and more of our children self-dependent.

Trainees under vocational Units at MMM



**Health Programme:**

**Speech & Physiotherapy :** In the training of mentally challenged children Speech & Physiotherapy plays a very important part in the proper development of this child. In most cases mentally challenged children are associated with the speech and physio problem. Day Care Centre and CBR programme provide therapeutic intervention of speech and physio. Following is the graphical representation of the children benefited under CBR and Day Care Centre in the therapeutic intervention of Minu Manovikas Mandir (MMM), Chachiyawas:



## **Community Mobilization Programme:**

### **Participation in Fairs :**

**Teja Mela Exhibition:** As per every year this year too for the dissemination of SRTT project Shri Veer Teja Mela Exhibition was organized at Beawar from 21<sup>st</sup> September to 23<sup>rd</sup> September. Shri. Parvati Jagrat, Chairman, Nagar parishad, Beawar did the inauguration of this exhibition. During the exhibition pamphlets informing about the inclusive education were distributed among the people.

**Soniya Exhibition:** To spread the awareness on inclusive education in Ajmer city organization had participated in the famous Soniya Exhibition which was held on 14<sup>th</sup> to 20<sup>th</sup> October 2007. The products which are prepared by mentally deprived children require a strong marketing aspect to make these children economically strong. Thus to promote their work our organization always try to participate in such exhibitions where the work done by these mentally challenged children is admired by all. In the Soniya Exhibition approximately one lac of people visited and appreciated the work done by these children.

**International Pushkar Fair :** From 21<sup>st</sup> to 25<sup>th</sup> November 2007, International Pushkar fair which is one of the very well known fairs of the world was held during which our organization had took participation by organizing an exhibition on Inclusive Education at the development exhibitions. Many Govt. officials, foreigners along with the common people visited this exhibition and appreciated our efforts. They encouraged us and appreciated the innovative work done by Sir Ratan Tata Trust and RMKM. Around two lac people visited in this exhibition.

**Republic Day Celebration:** On 26<sup>th</sup> January, 2008 Republic day was celebrated with full zeal and zest at both Minu Manovikas Mandir, chachiyawas and Sanjay Special School, Beawar. At Minu Manovikas Mandir the chief guest was Shri Prakash Mehra a well-known social worker from Ajmer and at Sanjay Special School Beawar, the chief guest were Shri Jhawari Lal along with other guests like Shri Ajay Sharma (President-Youth Congress) and members of Parshwanath

and Chandana Kishori Mandal. At both places the respective chief guests hoisted the National Flag. On this occasion both normal and special children had performed in different cultural programmes, which were highly appreciated by the parents and the honorable guests. After these programmes the winners of previously held school activities were awarded by the guests. The programme was ended with the distribution of sweets and fruits among the children.

**Visit of students from Military School:** In the month of February, 2008 students from Military School, Ajmer came on a visit to Minu Manovikas Mandir, Chachiyawas. During their visit these children observed the daily activities held at MMM. For the whole day these students participated with the students of MMM in different activities. They were very happy to see the inclusion concept of study at MMM.

**Independence Day Celebration :** On 15<sup>th</sup> August 2007 Independence Day was celebrated at Chachiyawas. The chief guest of the function were mr. J. K. Jain, Regional Director Lions Club. On this occasion Flag Hosting was done by mr. Jain. After the Flag Hosting children had performed different cultural programme which was wholeheartedly appreciated by chief guest. On eve of Independence Day children from DDC, Ajmer had given colourful performance at Janwar Rang Manch, Ajmer district level programme. In this programme all the schools of Ajmer city has participated all audience has very much appreciated programme of DDC, Ajmer school children.

At Day Care Centre Independence Day Programme was celebrated with enthusiasm on this occasion chief guest Sh. Bhanwar Lal, Gothi Chennai wale, hosted the Flag Block Congress President mr. Ajay Sharma, Shikshak Neta sh. Sundar lal, parshad sh. Kishan lal sh. Champa lal smt. Shobha Devi Shankla, smt. Shobha Devi Marothiya, & Chandana Kishori Mandal smt. Sangeeta Bawel came as a guest and parents also participated in this programme children had performed different cultural programme which was appreciated by parents and guests.

**Parents Training :** On 24<sup>th</sup> August 2007 inclusive parent training programme was organized at Sanjay Special School, Beawar. In this programme total 34 parent had participated. Among this 10 parents are of normal children. In this training on following points were given :

- \* *Difference between Mental Retardation and mental illness*
- \* *Objectives of Inclusive education*
- \* *Benefits of activities based education*
- \* *Benefits of Inclusive Education*

**Visit at Shri Cement :** To develop physiotherapy unit at Beawar school financial resource is required in this regard in month of August centre in-charge visited Shri Cement and had discussion general manager about the need of physiotherapy unit at Beawar school. General Manager had assured to support some amount towards this unit in near future.

**Ganesh Chaturthi Celebration:** In the month of September, 2007 Ganesh Chaturthi was celebrated at Minu Manovikas Mandir, Chachiyawas. On this auspicious occassion Lord Ganesha were praised with full devotion by Executive Secretary Shri Sagar Mal Kaushik and staff members. Sweets were distributed among the children and all wished for their good health and betterment.

**Sports Competition:** In the memory of Late Shri Sanjay Ji Kaushik on 11 September, Sports competition was conducted in the campus of Sanjay Special School, Beawar in which both normal and special children participated with full enthusiasm. On this occasion competitions like 50 m race, 100 m race, long jump, high jump and Jalebi race were held.

**World Mental Health Day:** On 10<sup>th</sup> October World Health Day was celebrated at Sanjay Special School, Beawar. On this occasion judiciary officials from Beawar participated. In this programme a discussion was also held in which people were informed about the constitutional rights and acts in context with the mentally deprived by the judiciary officials.



**National Badminton Coaching Camp:** From 1<sup>st</sup> -5<sup>th</sup> November, 2007 National Badminton Coaching Camp was held at Ajmer in which 15 states from all over India took participation. In this camp 17 children and 3 staff members from Minu Manovikas Mandir, (MMM) Chachiyawas participated.

From 14<sup>th</sup>-16<sup>th</sup> November, 2007 Rajasthan State Olympic was held at Jaipur in which 14 children from MMM participated. In this Olympic, our children received 7 Gold, 7 Silver and 3 Bronze medals.

**Inclusive Bal Mela :** On 11<sup>th</sup> February, 2008 a grand Inclusive Bal Mela was organized at RMKM campus. In this mela children and staff members from RMKM, MMM and SSS participated with full enthusiasm. This mela was open for all. Children from other leading schools of Ajmer also took active participation in this inclusive fair. Shri Naveen Mahajan Honorable District Collector, Ajmer did inauguration of this mela. The main attraction of this mela was the magic show by magician Shri S.P. Jadupal and dance performances by the children arrived from various schools. In this Inclusive Bal Mela various competitions were also held such as :

- \* Balloon bursting
- \* Pot painting
- \* Dancing
- \* Bindi Pasting
- \* Chair race
- \* Drawing
- \* Mehandi competition

For the extra entertainment of the children many stalls were also established such as Puppet show, Math's magic Rajasthani Mandana, Camel riding, refreshment stall etc. In this mela many learning activities were also held such as Key chain making, pot painting, Math's magic etc. To enhance the entertaining level of this inclusive mela a movie was also shown to the children. During this Inclusive mela each and every person was having pleasure at its best. The closing ceremony of this enchanting inclusive gathering was done by the respected principal of Gujarati Senior Secondary School.

## Case Study

### Divya "A Divine Smile"

"Divya" 13 years old Sweet Girls her divine smile make fills everyone heart with satisfaction. Yes, she is a child of C.P with M.R. When Divya was in the womb of her mother her mother was undergoing the stress of her elder sister who born as mentally challenged. It was great shock to her mother Vidya and father Vasudave to have second child as a disabled. They lost hope and courage too. In the year 2001 the first came in contact with our CBR worker and programme started for both the sister that was a miracle. With this programme Divya started crawling. Her mother decided admit her into day care centre in 2004. Divya was facing behaviour problem as well as her activities of dialing living was not controlled. With regular speech therapy & physiotherapy tremendous change occurred in Divya's development.

Now she walks 10 to 12 steps without support she wear her own cloths calls her parents Mammy & Pappa. She eats her own food without support. She follow the instructions and try to work on that instructions. Her mother says now my daughter will leave independent life.